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**EDITORIAL: IN-CAM FOCUSES ON: "DOING RESEARCH"**

**Heather Boon**

The theme of this Bulletin is "Doing Research"- to reflect IN-CAM's shift in focus to doing research. The focus for the first two years of our CIHR grant has been to build the IN-CAM network infrastructure, to facilitate networking and to build Canadian CAM research capacity. Now that our basic infrastructure is fully operational (e.g., we have just over 1000 IN-CAM members, a fully-functional web site ([www.incamresearch.ca](http://www.incamresearch.ca)), weekly newflashes, four Bulletins per year, are planning our second Annual Symposium and have held three successful studentship competitions) we feel it is important to turn our attention to making sure CAM research actually gets done! This is an important part of our mandate from CIHR.

The "Focus On" section provides highlights from two Strategic Planning meetings we held this spring to help identify research projects in our two research priority areas: 1) CAM Health Care Delivery and Policy; and 2) Methods to Study the Safety, Efficacy and Effectiveness of CAM. We are excited to be able to provide some seed funding to begin several projects in these areas and encourage submission of additional proposals for Research Project Grants in these priority areas (see

the Research Update section of this Bulletin for more information). Continuing along this theme, we are busy planning the Second Annual IN-CAM Symposium (Nov 12 and 13, 2005) in Toronto, which will facilitate sharing results of completed research projects and networking to generate new research ideas. We encourage you to register before the Earlybird deadline of October 14, 2005 (see [www.incamresearch.ca](http://www.incamresearch.ca)). We look forward to seeing many of you there.

As we prepare for our interim CIHR evaluation, **we are collecting "stories" about how IN-CAM has made a difference in the lives and research activity of its members.** Are you doing research that you wouldn't be doing if IN-CAM did not exist? Are you working with someone you met because of IN-CAM? Did you hear about research opportunities through IN-CAM that you were not aware of? We want to hear from you. Please email your stories to Laura Vanderheyden at ([Laura@incamresearch.ca](mailto:Laura@incamresearch.ca)). The persons who submit **the best stories will win free registration** to the IN-CAM Symposium in November.

Finally, we would like to express our sincere thanks to those individuals that have left our Advisory Board over the past year: Judith Belle Brown, Merrijoy Kelner, Dennis O'Hara, and Sylvie Dodin. Their hard work has helped us achieve a thriving CAM research network. We would also like to welcome Mark Ware as our newest Board Member.

**ÉDITORIAL: IN-CAM SE CONCENTRE SUR "FAIRE DE LA RECHERCHE"**

**Heather Boon**

Le thème pour ce Bulletin est "faire de la recherche" – pour refléter la nouvelle priorité de l'IN-CAM. Pour les deux premières années de notre subvention des IRSC, notre priorité a été de créer l'infrastructure du réseau de l'IN-CAM, de faciliter le réseautage et de renforcer la capacité de recherche canadienne en MAC. Maintenant que l'infrastructure est pleinement opérationnelle (p. ex., nous comptons plus de 1000 membres, un site Web entièrement fonctionnel ([www.incamresearch.ca](http://www.incamresearch.ca)), des bulletins de nouvelles hebdomadaires, quatre bulletins d'actualité par année, nous planifions notre deuxième symposium annuel et nous avons tenu trois concours pour étudiants aux cycles supérieurs)

nous croyons qu'il est maintenant important de s'assurer que de la recherche soit faite, ce qui constitue un élément important de notre mandat envers les IRSC.

La section "le point sur" met en lumière les points saillants de deux réunions de planification stratégique que nous avons tenu au printemps dernier afin d'identifier des projets de recherche dans nos deux domaines de recherche prioritaires: 1) Prestation et politique des soins de santé en MAC; et 2) Méthodes pour étudier l'innocuité et l'efficacité des MAC.



## ÉDITORIAL: IN-CAM SE CONCENTRE SUR “FAIRE DE LA RECHERCHE”

Nous sommes heureux de pouvoir offrir des fonds de démarrage pour commencer plusieurs projets dans ces domaines et la soumission d'autres projets est encouragée dans les domaines prioritaires (voir la section Mise à jour – recherche en MAC pour de plus amples renseignements). Sur ce même thème, nous planifions le deuxième symposium annuel de l'IN-CAM (les 12 et 13 novembre 2005) à Toronto, qui facilitera l'échange de résultats de projets de recherche complétés et le réseautage pour générer de nouvelles idées de projets. Nous vous encourageons à vous inscrire avant la date limite du 14 octobre 2005 pour profiter du tarif réduit (voir [www.incamresearch.ca](http://www.incamresearch.ca)). Nous espérons voir plusieurs d'entre vous au Symposium!

En préparation pour notre rapport d'évaluation pour les IRSC, nous rassemblons des “histoires” à propos de la différence qu'a fait l'IN-CAM dans la vie et les activités de recherche de ses membres. Faites vous de la recherche que vous ne feriez pas si l'IN-CAM n'existait pas? Avez vous découvert des possibilités de recherche à travers l'IN-CAM dont vous n'étiez pas au courant? Nous voulons connaître vos histoires. Veuillez communiquer avec Laura Vanderheyden à ([Laura@incamresearch.ca](mailto:Laura@incamresearch.ca)). Les personnes soumettant les meilleures histoires gagneront l'inscription gratuite pour le symposium de l'IN-CAM en novembre.



IN-CAM Advisory Board Members/Membres du Conseil consultatif de l'IN-CAM

Enfin, nous remercions sincèrement pour leur travail assidu les membres de notre Conseil consultatif qui nous quittent: Judith Belle Brown, Merrjoy Kelner, Dennis O'Hara, et Sylvie Dodin. Ils nous ont aidé à réaliser un réseau de recherche en MAC florissant. Nous souhaitons la bienvenue à Mark Ware, le dernier membre de notre Conseil consultatif.

## FOCUS ON: IN-CAM STRATEGIC PLANNING MEETINGS

### Heather Boon and Laura Vanderheyden

In May 2005, IN-CAM held two strategic planning meetings, one in each IN-CAM research priority area: CAM Health Care Delivery and Policy; and Methodological Research for CAM. The purpose of the meetings was to identify and prioritize key topic areas that should be the focus of future IN-CAM research. Participants from across Canada with expertise in each priority area were invited to share their insight and to help develop a research program in these much needed areas. A summary of both meetings follows.

### CAM HEALTH CARE DELIVERY AND POLICY

Participants: Heather Boon (Chair), John Crellin (Co-Chair), Morris Barer, Julie de Courval, Joan Gilmour, Sil Mior, Ana Ning, Dennis Patrick O'Hara, Michael Smith, Jane Steblecki, Laura Vanderheyden, Marja Verhoef and Angela Webster.

**Regulation issues** were identified as one of the most important areas for new research. Given the fact that Canada has new natural health product regulations and several provinces are currently debating the possible regulation of CAM practitioner groups, research in this area could have immediate influence on new policy development. Heather Boon volunteered to lead a group working in this area ([heather.boon@utoronto.ca](mailto:heather.boon@utoronto.ca)).

**Evidence**, including what constitutes acceptable evidence of safety, efficacy and quality practice, was identified as another area where research is needed. Ana Ning ([ningana@mcmaster.ca](mailto:ningana@mcmaster.ca)) is beginning a pilot project using traditional Chinese medicine (TCM) as a model for exploring some of these issues.

The **organization and delivery of “integrative” care** also generated much interest during the meeting. A number of research questions were identified including: Where are the integrative clinics in Canada? What models of health care delivery are being followed? What types of patients visit integrative clinics? What are the similarities and differences across different clinics? What outcome measures should be used to assess the success of integrative care? The participants agreed that this is one of the most important areas for future research and those interested in this topic should contact Marja Verhoef ([mverhoef@ucalgary.ca](mailto:mverhoef@ucalgary.ca)).

### METHODOLOGICAL RESEARCH FOR CAM

Participants: Marja Verhoef (Chair), Sunita Vohra (Co-Chair), Heather Boon, Julie de Courval, Trish Dryden, Hal Gunn, Anne Leis, Daniel Schulman, Laura Vanderheyden, Mark Ware and Angela Webster. Participants identified many topic areas that could be the focus of future research in this area, including: outcomes (general and specific outcome measures, wellness, non-specific effects), healing (patient-provider relationship, measuring the healing environment, measuring



## FOCUS ON: IN-CAM STRATEGIC PLANNING MEETINGS

personal transformation), case series, whole systems research, plausibility, effectiveness, safety and knowledge transfer. Although there was great interest in a diversity of topics, two concrete ideas for specific research projects emerged:

### 1) Developing an outcome measures database for CAM research.

The purpose of this project will be to develop a database of outcome measures that are of particular importance to CAM practice and research. The database will be indexed by population, disease, and CAM product or practice. Outcomes of interest may be grouped by outcome domain, for example:

- Physical outcomes measures such as pain, nausea, sweats and fatigue;
- Global sense of well-being (e.g., Arizona Integrated Outcomes Scale);
- Emotional well-being (e.g., mood, satisfaction);
- Transformation (process oriented and therefore separate from other well-being measures);
- Social (e.g., feeling of connectedness).

In addition to a comprehensive literature search to identify core outcome measures relevant to CAM research, an email survey of IN-CAM members will be conducted to help identify outcomes that are deemed to be relevant to CAM practitioners and that have been used in practice by CAM researchers. Ideally the outcomes database will be posted on the IN-CAM web site and will be available to IN-CAM members.

A letter of intent for this project has been developed and has been submitted for funding. Those interested in this project may contact Mark Ware ([mark.ware@muhc.mcgill.ca](mailto:mark.ware@muhc.mcgill.ca)) or Marja Verhoef ([mverhoef@ucalgary.ca](mailto:mverhoef@ucalgary.ca)).

### 2) Developing an online case study reporting system.

This study was deemed important for the potential to highlight the importance of case study and case series data in CAM research and also as a means to involve CAM practitioners in CAM research.

The goal of such a project would be to develop a template that may be used by individual practitioners to systematically collect case study data. Ideally this template would be online, and be hosted by IN-CAM, so that practitioners can input information from their practice. The purpose of such a project would be to generate hypotheses regarding CAM practice and also to identify meaningful outcomes for patients and practitioners.

A proposal for this project is currently being developed. A pilot study will likely be needed initially to identify potential problems with an online system and an emerging template. IN-CAM has committed to hosting a workshop at the upcoming symposium to discuss case study methodology and to gauge interest in such a project.

Those interested in this project may contact Sunita Vohra ([svohra@ualberta.ca](mailto:svohra@ualberta.ca)).

These two strategic planning meetings were starting points only. There is still much work that needs to be done in identifying, planning and finding funding for specific research projects. This will be IN-CAM's focus over the last 2.5 years (July 2005 – December 2007) of our CIHR funding. To generate interest in new research in this area, IN-CAM's 2005 research project funding competition will only apply to proposed research in the areas of CAM health care delivery and policy, and methodological research for CAM. For more information on the 2005 funding competition, please visit the Research Funding pages of the IN-CAM web site ([www.incamresearch.ca](http://www.incamresearch.ca)).

## FOCUS ON: THE 2<sup>ND</sup> ANNUAL IN-CAM SYMPOSIUM: CAM RESEARCH IN CANADA: SHARING SUCCESSES AND CHALLENGES

### Laura Vanderheyden

It's been one year since our first symposium, and we have begun planning for the second Annual IN-CAM Symposium, which will be held on **November 12<sup>th</sup> & 13<sup>th</sup>, 2005 at the University of St. Michael's College, University of Toronto**. Participants from last year's event overwhelmingly agreed that IN-CAM should host an annual symposium, and we agree. Annual face-to-face networking meetings are essential to present emerging ideas and research results, foster new collaborations, and strengthen existing partnerships, thus ensuring a viable research program. We have chosen the same venue as last year, as room rentals are much cheaper than a hotel or other university location, which helps to keep registration fees low. Also, as Toronto is a central location in Canada, flights to Toronto tend to be cheaper than to other cities. To reflect the national focus of IN-CAM, however, the 2006 symposium will likely be held in Vancouver or in Calgary. According to participants, the best aspects of last year's

symposium included the opportunities for networking, the diversity of topics, the keynote speakers, the egalitarian atmosphere and the organization of the event. We intend to follow mostly the same format as last year's event, so that these components can be maintained. We will ensure the breaks and lunches are long enough to promote networking and foster new relationships. Keynote speakers for this year's event include:



**Barbara Findlay**

*Health Research Consultant and former CEO Tzu Chi Institute for Complementary and Alternative Medicine*



**George Lewith**

*Complementary Medicine Research Unit, University of Southampton (UK)*



## FOCUS ON: IN-CAM STRATEGIC PLANNING MEETINGS



**Silvano Mior**

Canadian Memorial Chiropractic College



**Cheryl Ritenbaugh**

Department of Community and Family Medicine, University of Arizona (USA)

Keynote speeches will be complemented by workshops and oral and poster research presentations. We have distributed a **call for abstracts for workshops, oral presentations or posters** that encourages submissions related to our research priority areas:

- CAM Health Care Delivery and Policy;
- Innovative or Advanced Methodological Approaches in CAM

Research; and

- Researching Knowledge Transfer.

Other CAM and natural health product topics will also be considered. **Abstracts were due July 31<sup>st</sup>, 2005.** Late abstracts MAY be accepted for posters. For more information please contact Laura Vanderheyden ([Laura@incamresearch.ca](mailto:Laura@incamresearch.ca)).

A number of **graduate student travel awards** will be available to students who wish to present at our symposium. If you are interested please indicate so on your abstract submission form. We strongly encourage students to submit abstracts.

We hope to see many IN-CAM members as well as many new faces at the 2<sup>nd</sup> Annual Symposium so that we can build on the momentum that the network has created and can continue to facilitate and engage Canadians interested in CAM research.

## PROFILE



**Daniel Schulman. B.Sc., M.Sc., Dipl.Ac. (NCCAOM), R.Ac. (PEI)**

Daniel Schulman worked in environmental science and technology fields for 20 years before pursuing a career in Chinese Medicine. Since graduating from Boston's New England School of Acupuncture

in 1999, he has been practicing Chinese Medicine (Acupuncture and Chinese Herbology) in Charlottetown, Prince Edward Island.

In his clinic, Daniel routinely witnesses what he considers to be truly impressive validations of both the Chinese Medical model (concepts, principles and theories) and its effectiveness. He believes the gold standard protocols of modern biomedical research are ill-equipped for the sophistication and complexity of Chinese Medicine (acupuncture or herbology) and are blind to much of what he observes in clinic.

Daniel feels Chinese Medicine is at a crossroads. Uncritically submitted to modern biomedical research protocols, many of the central strengths of Chinese Medicine are at risk of marginalisation and even extinction. Unfortunately there are many researchers and even practitioners willing to take Chinese Medicine down this path. On the other hand, there is a small growing interest in developing research models which enable Chinese Medicine to be documented, investigated and validated on its own terms.

Strictly speaking, Daniel is not involved in research. On the other hand, he believes there is no more real research than the cumulative

and complex feedback loops of clinical patient-practitioner interaction (not to mention the 2000 years of clinical experience on which a modern-day Chinese Medical practice is built). He is convinced that fully operational professional clinics like his hold an as yet untapped bounty of data just waiting to be appropriately organised and analysed by an as yet undeveloped gold standard of research for both the plausibility and effectiveness of Chinese Medicine.

Central to progress is the need for bridges between the clinical and research communities. Unfortunately, these two communities are isolated from each other by a complex and often mutually reinforcing myriad of structural realities. For one thing, most practitioners of Chinese Medicine are effectively excluded from the research scene because (a) they have no institutional affiliation, (b) they are not funded to travel or attend conferences, and (c) they cannot afford to take time from their private practice which is often a sole source of income.

Daniel feels that Chinese Medical practitioners need to stand up for their system of medicine with greater confidence. And he feels that biomedical researchers need to understand Chinese Medicine much more before they engage in research. So with what little time he has beyond the demands of his busy clinical practice, Daniel is committed to fostering bridges between research and clinic. He does this by writing journal articles (both in research journals such as the [Journal of Alternative and Complementary Medicine](http://www.liebertpub.com/publication.aspx?pub_id=26) ([http://www.liebertpub.com/publication.aspx?pub\\_id=26](http://www.liebertpub.com/publication.aspx?pub_id=26)) and professional journals such as the [Journal of Chinese Medicine](http://www.icm.co.uk/) (<http://www.icm.co.uk/>), offering advice to government agencies overseeing regulation and research funding and offering workshops.

E-mail: [schulman@isn.net](mailto:schulman@isn.net)

Website: <http://www.acupuncturepei.com/>



## CAM RESEARCH UPDATE

### IN-CAM GRADUATE STUDENTSHIP AWARD WINNERS

One of IN-CAM's objectives is to build CAM research capacity. In 2005, IN-CAM awarded \$25,000 in graduate studentship grants.



**Ferro, Mark**

University of Saskatchewan  
Supervisor: Anne Leis  
The influence of culture on the use of complementary and alternative medicine by Chinese cancer patients in British Columbia



**Khoker, Patricia**

McMaster University  
Supervisor: Ivy Bourgeault  
The meaning and management of complementary and alternative medicine use among elderly Canadians



**Leung, Brenda**

University of Calgary  
Supervisor: Marja Verhoef  
The use of naturopathic healthcare services by children under the age of 15



**Luchenski, Serena**

McGill University  
Supervisor: Jean-Paul Collet  
Traditional Chinese medicine scale of syndrome differentiation: Development and psychometric properties



**Walji, Rishma**

University of Toronto  
Supervisor: Heather Boon  
Perceptions of physicians, pharmacists, and naturopathic practitioners about reporting suspected adverse reactions associated with natural health products

### CIHR/NHDP CAM NETWORK ICE RESEARCH PROJECT GRANT

The goal of the Research Project Grant program is to support and encourage researchers interested in doing CAM research. IN-CAM's 2005 research project funding competition will only apply to proposed research in the areas of CAM **health care delivery and policy**, and **methodological research for CAM**.

The principal applicant must be affiliated with a recognized research or educational institution that has demonstrated the ability to administer research funds and be a member of IN-CAM.

Maximum funds awarded will be up to \$5,000. Additional funds may be available in exceptional circumstances, which need to be demonstrated by the applicant.

**The application deadline is November 15th, 2005.** The application form is available on the IN-CAM website under "Research Funding":

If you have additional funding questions, please contact Julie de Courval (Tel: 416-946-7163; e-mail: [julie.decourval@utoronto.ca](mailto:julie.decourval@utoronto.ca))

### RECENT ARTICLES

#### Priority Area: CAM Health Care Delivery and Policy

- Andrews GJ, Phillips DR.  
Petit bourgeois health care? The big small-business of private complementary medical practice.  
Complement Ther Clin Pract. 2005 May;11(2):87-104.
- Fewell F, Mackrodt K.  
Awareness and practice of complementary therapies in hospital and community settings within Essex in the United Kingdom.  
Complement Ther Clin Pract. 2005 May;11(2):130-6.
- McAllister M.  
A health policy paradox: the mind-body disconnect in primary mental healthcare policy. Part I.  
J Am Acad Nurse Pract. 2005 May;17(5):163-7. Review.
- Murray Edwards D.  
Establishing an integrative medicine center.  
Clin J Oncol Nurs. 2005 Jun;9(3):373-4.
- Reilly AM.  
Massage therapy: integration with traditional medicine.  
Adv Nurse Pract. 2005 May;13(5):37-8, 40, 42. Review.
- Russell ML, Verhoef MJ, Injeyan HS.  
Are chiropractors interested in participating in immunization awareness and promotion activities?  
Can J Public Health. 2005 May-Jun;96(3):194-6.

#### Priority Area: Methodological Research for CAM

- Ahn AC, Kaptchuk TJ.  
Advancing acupuncture research.  
Altern Ther Health Med. 2005 May-Jun;11(3):40-5. Review.
- Delaney C.  
The Spirituality Scale: development and psychometric testing of a holistic instrument to assess the human spiritual dimension.  
J Holist Nurs. 2005 Jun;23(2):145-67; discussion 168-71.
- Pariate J, White P, Frackowiak RS, Lewith G.  
Expectancy and belief modulate the neuronal substrates of pain treated by acupuncture.  
Neuroimage. 2005 May 1;25(4):1161-7.
- Shekelle PG, Morton SC, Suttrop MJ, Buscemi N, Friesen C; Agency for Healthcare Research and Quality.  
Challenges in systematic reviews of complementary and alternative medicine topics.



## CAM RESEARCH UPDATE

- Ann Intern Med. 2005 Jun 21;142(12 Pt 2):1042-7. Review.
- Wolf E, Mehling, Zeldi DiBlasi, Frederick Hecht  
Bias Control in Trials of Bodywork: A Review of Methodological Issues  
Journal of Alternative and Complementary Medicine, Vol. 11, No. 2: 333-342.

### Priority Area: Knowledge Transfer

- Bischoff-Ferrari HA, Willett WC, Wong JB, Giovannucci E, Dietrich T, Dawson-Hughes B.  
Fracture prevention with vitamin D supplementation: a meta-analysis of randomized controlled trials.  
JAMA. 2005 May 11;293(18):2257-64. Review.
- Patel SM, Stason WB, Legedza A, Ock SM, Kaptchuk TJ, Conboy L, Canenguez K, Park JK, Kelly E, Jacobson E, Kerr CE, Lembo AJ.  
The placebo effect in irritable bowel syndrome trials: a meta-analysis.  
Neurogastroenterol Motil. 2005 Jun;17(3):332-40.

## POLICY UPDATE

### Ontario Closer To Regulating Traditional Chinese Medicine - Health Minister Releases Public Consultation Report

Ontario has moved closer to regulating traditional Chinese medicine (TCM) and acupuncture with the release of a public consultation report. The consultation report was written by Parliamentary Assistant to the Minister of Research and Innovation, Tony Wong, Minister of Citizenship and Immigration, Mike Colle, Parliamentary Assistant to the Minister of Health Promotion, Peter Fonseca and Parliamentary Assistant to the Minister of Training, Colleges and Universities, Richard Patten. "We have promised to regulate traditional Chinese medicine and acupuncture, and hope to introduce legislation by the end of the year" the Minister of Health and Long-Term Care for Ontario George Smitherman said. "The work done by Tony Wong and his colleagues is going to be invaluable in helping us decide how best to proceed."

The report contains 10 recommendations on the regulation of TCM and Acupuncture.

For more information, please visit: [http://www.health.gov.on.ca/english/media/news\\_releases/archives/nr\\_05/nr\\_072905.html](http://www.health.gov.on.ca/english/media/news_releases/archives/nr_05/nr_072905.html)

## OF INTEREST—UPCOMING EVENTS

### RCN Complementary Therapies in Nursing Forum Conference

September 16-17, 2005 - Birmingham, United Kingdom  
For further information, please contact Kathryn Clark at: [comptherapies@rcn.org.uk](mailto:comptherapies@rcn.org.uk) or visit: <http://www.rcn.org.uk/events>.

### 12th Annual Symposium on Complementary Health Care

September 19-21, 2005 - University of Exeter, Exeter, UK  
For further information, please visit: <http://www.pms.ac.uk/compmed/symposium.htm> or contact Barbara Wider at: [b.wider@exeter.ac.uk](mailto:b.wider@exeter.ac.uk).

### ISCMR Annual Workshop: Qualitative Research in Complementary and Alternative Medicine

September 19, 2005 Streatham Court, University of Exeter, UK - in conjunction with the 12th Annual Symposium for Complementary Healthcare

For further information, please visit: <http://www.iscmr.org/events/events.html>

or contact Dr George Lewith: [compmed@soton.ac.uk](mailto:compmed@soton.ac.uk)

### Canadian Institute of Chinese Medicinal Research (CICMR) - 2nd Annual Conference

September 23-24, 2005 University of British Columbia, Vancouver  
For further information, please visit:

[http://www.bepress.com/jcim/cicmr\\_announcements.html](http://www.bepress.com/jcim/cicmr_announcements.html)

### Highlighting Massage Therapy in CAM Research

September 25-27, 2005 - Albuquerque, New Mexico, USA  
For further information or to view the call for abstracts, please visit: [http://www.massagetherapyfoundation.org/found\\_news\\_researchconference.html](http://www.massagetherapyfoundation.org/found_news_researchconference.html)

### 3rd Canadian Annual Meeting: International Challenges for Therapeutic Products - Today's and Tomorrow's Policies and Strategies

September 25-27, 2005, Montreal, Quebec

For more information, please visit: <http://www.diahome.org>

### Exploring the Mind: Buddhist and Scientific Approaches to Mental Health and Healing

October 14-16, 2005 - University of Toronto

For further information, please visit:

<http://www.religion.utoronto.ca/English/page-7-11046-1.html>.

### Integrating Complementary/ Alternative Medicine with Western Medicine

October 15th, 2005, University of Toronto

For more information, please visit: <http://intlhealth.med.utoronto.ca/> Register at (416) 978-8849 or <http://uoftix.ca>.

### 1st International Congress of Therapeutics: International Congress on Natural Health Products and Phytomedicines

October 27-30, 2005, Caracas, Venezuela

For more information, please visit: <http://therapeutics-alf.nova.edu/invitation.html>.

### \*2nd Annual IN-CAM Research Symposium - CAM Research in Canada:

#### Sharing Our Successes and Challenges

November 12&13, 2005, University of St. Michael's College, Toronto

For more information, please visit <http://www.incamresearch.ca/news/2005Symposium.html> or contact [Julie@incamresearch.ca](mailto:Julie@incamresearch.ca) or [Laura@incamresearch.ca](mailto:Laura@incamresearch.ca)

### 8th Clinical Reflexology Conference Plus Research Intensive Workshop

November 12&13, 2005 - 9:30 - 4:00, Manchester, UK

For more information, please visit:

<http://www.incamresearch.ca/events/pdf/8thReflex.doc> or e-mail: [Peter.Mackereth@Christie-tr.nhs.uk](mailto:Peter.Mackereth@Christie-tr.nhs.uk)

### EURO-TCM Congress 2005

November 10-13, 2005 - Berlin, Germany

For more information, or to download the [call for papers](#), please visit: <http://www.incamresearch.ca/events/pdf/EURO-TCMRFP.doc>

For more information on the TCM 2005 Congress, please visit:

<http://www.euro-tcm.org/>.

### 3rd Touch Therapies Conference Plus Research Intensive Workshop

March 11-12, 2006, Manchester, UK

For more information please visit:

<http://www.incamresearch.ca/events/pdf/3rdTouch.doc> e-mail:

[Peter.Mackereth@Christie-tr.nhs.uk](mailto:Peter.Mackereth@Christie-tr.nhs.uk)

### North American Research Conference on Complementary and Integrative Medicine

May 24-27, 2006, Edmonton, Alberta - **Abstract deadline: September 30, 2005**



### Scientific Sessions deadline: September 15, 2005

For more information on the Call for Abstracts/Sessions, please visit:

<http://www.imconsortium-conference2006.com>

For more events related to CAM research, please visit the events page of IN-CAM's website [www.incamresearch.ca](http://www.incamresearch.ca).

## NEWS FROM PedCAM



For more information relevant to pediatrics, please visit the

**PedCAM** network website at:

<http://www.pedcam.ca>

### Grants/Funding

- Research Cross-training awards - This competition does not require a Letter of Intent. Full Applications are due **September 9, 2005** For more information, please visit: [http://www.sickkids.on.ca/Foundation/custom/grt\\_cam\\_default.asp](http://www.sickkids.on.ca/Foundation/custom/grt_cam_default.asp)
- New Investigator Awards - This competition does not require a Letter of Intent. Full Applications are due **October 31, 2005**. For more information, please visit: [http://www.sickkids.on.ca/foundation/custom/grt\\_newinv\\_default.asp](http://www.sickkids.on.ca/foundation/custom/grt_newinv_default.asp)

### Conferences

Third Annual Pediatric Integrative medicine Conference  
October 21-23, 2005, The New York Academy of Medicine, New York  
(<http://www.incamresearch.ca/news/pdf/PIMC%20BROCHURE.pdf>)

### New Resources

The Whole Child - This blog, hosted by Dr. Larry Rosen, is a new interactive forum intended for discussion and news about pediatric integrative medicine. (<http://www.thewholechild.us/>)  
The Integrative Medicine program at children's Hospitals and Clinics of Minnesota (has recently redesigned their website. The site contains links to CAM-related organizations that may be useful in learning about integrative medicine, as well as information briefings about specific treatments that are written for children and adolescents.

### Recent articles

Johnston BC, Cramer K, Vohra S. Evidence for Clinicians: Does Lactobacillus GG prevent antibiotic-associated diarrhea in children? Paediatrics and Child Health, 2005; 10(3):169-171.  
Johnston BC, Wu P, Mills EJ. Herb-drug interaction implications for pediatric clinical practice: An overview of pharmacokinetic trials. Archives of Pediatric and Adolescent Medicine 2005;159: 692.  
Hassed C. An integrative approach to asthma. Aust Fam Physician. 2005 Jul;34(7):573-6.  
Narendran S, Nagarathna R, Narendran V, Gunasheela S, Nagendra HR. Efficacy of yoga on pregnancy outcome. J Altern Complement Med. 2005 Apr;11(2):237-44.  
Rojas NL, Chan E. Old and new controversies in the alternative treatment of attention-deficity hyperactivity disorder. Ment Retard Dev Disabil Res Rev. 2005;11(2):116-30.

We invite your questions, comments and suggestions on the bulletin, the website and the network in general. Please contact one of our two Network Coordinators/Nous accueillerons avec plaisir vos questions, commentaires et suggestions à propos du Bulletin, du site Web ou du réseau en général. Veuillez contacter l'une de nos deux coordonnatrices.

## CAMerA CORNER



**CAMerA** (<http://www.cameraresearchnetwork.ab.ca/>) is

an official partner of IN-CAM.

CAMerA publishes a bi-monthly newsletter focussing on CAM research and practitioners.

The latest edition, Issue 16 was published in May 2005 and contains articles on the following topics:

### CAMerA News

CAMerA Symposium  
CAMerA Advisory Committee Meeting  
CAMerA Membership Update  
CAMerA Newsletter Calendar

### Letters to the Editor

### Research Corner

CAMerA Launches New Study:  
Research Project: Perceptions and Use of Research in CAM in Alberta

### Upcoming Events

### Education

To **access** CAMerA Network **newsletters**, please visit:

<http://www.cameraresearchnetwork.ab.ca/news/newsletters.html>

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