



INSIDE THIS ISSUE/ DANS CE NUMÉRO:		EDITORIAL: IN-CAM: ANNUAL SYMPOSIUM	
<b>EDITORIAL/ ÉDITORIAL</b>	<b>1</b>	<b>Marja Verhoef</b>	Edmonton (please visit the Conference's website: <a href="http://www.imconsortium.org">www.imconsortium.org</a> ). However, many symposium participants indicated that they were very disappointed that there would not be a 2006 meeting and felt that the two events are sufficiently different that there is a place for both. Over the past month Heather, Laura and I have been working on the 3 year evaluation report for our co-funder, the Canadian Institutes of Health Research, and we also were struck with the notion that there is a need for a CAM network that allows people to meet, share, discuss, plan and collaborate, and we feel that IN-CAM has helped to create a more coherent CAM research community than we have ever had in Canada. We need to nurture that notion and, therefore, are pleased to announce that we will organize the <b>Third Annual IN-CAM Symposium in Calgary on November 4-5<sup>th</sup>, 2006</b> . The structure and goals of the symposium will be the same as for the first two symposia. Moving the symposium out of Toronto will help reflect our national focus and will allow easier access to those living in Western Canada. We have also taken into account that we have many members in Eastern Canada and that these members might appreciate a meeting closer to their home. Therefore, we're happy to let you know that our Advisory Committee member, Mark Ware, has expressed interest in organizing a <b>one-day Symposium in Montreal</b> , most likely in the second half of <b>June 2006</b> . If you wish to assist Mark or have ideas regarding this event, please email him at <a href="mailto:mark.ware@muhc.mcgill.ca">mark.ware@muhc.mcgill.ca</a> . If you have suggestions for the Third Annual Symposium, please email Laura Vanderheyden at <a href="mailto:Laura@incamresearch.ca">Laura@incamresearch.ca</a> .
<b>FOCUS ON/ LE POINT SUR:</b>	<b>2</b>		
<b>2nd Annual IN-CAM Symposium</b>			
<b>PROFILE/ PROFIL:</b>	<b>3</b>		
<b>John Crellin</b>			
<b>CAM RESEARCH UPDATE/MISE À JOUR-RECHERCHES EN MAC:</b>	<b>4</b>		
<b>Recent Publications</b>			
<b>OF INTEREST/ D'INTÉRÊT:</b>	<b>5</b>		
<b>Upcoming Events</b>			
<b>NEWS FROM IN-CAM PARTNERS/ NOUVELLES DES PARTENAIRES DE L'IN-CAM</b>	<b>6</b>		

**ÉDITORIAL: IN-CAM: SYMPOSIUM ANNUEL**

**Marja Verhoef**

Un des faits saillants de l'IN-CAM est le symposium annuel. Jusqu'à présent, IN-CAM a organisé deux symposiums qui ont connu un franc succès. Chacun des événements a rassemblé d'excellents conférenciers, un vaste éventail d'exposés oraux et par affiche ainsi qu'une série d'ateliers. Cependant, l'élément le plus important du symposium est probablement l'occasion pour les chercheurs, les praticiens et les étudiants en MAC de réseauter avec d'autres intervenants du domaine et de partager des idées, de discuter des projets et de créer des nouveaux liens et des nouvelles équipes de recherche. En

commentant sur le symposium annuel, nos membres ont dit : « Pour moi, l'impact le plus important est l'occasion de participer à des activités de réseautage et de rencontrer des gens qui travaillent, tentent de faire de la recherche et présentent leurs résultats. C'est très inspirant parce que je retourne chez moi avec de nouvelles idées et de l'énergie fraîche, mais aussi, avec une chance de collaborer avec d'autres. » et « J'ai rencontré des gens intéressants et informés qui m'ont donné



## ÉDITORIAL: IN-CAM SE CONCENTRE SUR "FAIRE DE LA RECHERCHE"

l'occasion d'acquérir des connaissances et m'ont aidé avec mes questions de recherche ».

Au dernier symposium, nous avons annoncé que nous n'aurions pas une réunion en 2006 parce que le Consortium of Academic Health Centres for Integrative Medicine parraine un événement d'envergure, la **Conférence de recherche nord-américaine sur la médecine complémentaire et intégrée** à Edmonton du mai 24-27, 2006 (Veuillez visiter le site Web de la conférence :

[www.imconsortium.org](http://www.imconsortium.org)). Cependant, plusieurs participants ont indiqué qu'ils étaient très déçus d'apprendre qu'il n'y aurait pas de rencontre en 2006 et croyaient que les deux événements étaient suffisamment différents pour qu'une place existe pour les deux événements. Depuis un mois, Heather, Laura et moi travaillons sur le rapport d'évaluation triennal exigé par un de nos principaux commanditaires, les Instituts de recherche en santé du Canada (IRSC). Nous avons réalisé qu'il existe un besoin pour un réseau qui donne la chance aux chercheurs de se rencontrer pour partager des idées, discuter, planifier et collaborer et nous croyons qu'IN-CAM a aidé à créer une communauté de recherche

en MAC plus cohérente qu'elle ne l'a été jusqu'à présent au Canada. Nous avons convenu que cette approche doit continuer d'être favorisée. C'est donc avec plaisir que nous annonçons que nous allons organiser le **3e symposium annuel à Calgary les 4 et 5 novembre 2006**.

L'organisation et les objectifs resteront les mêmes que pour les symposiums précédents.

La décision de tenir le prochain symposium à Calgary reflète la stature nationale de IN-CAM et donnera un meilleur accès aux résidents des provinces de l'Ouest. Il fallait cependant tenir compte du fait que beaucoup de nos membres proviennent des provinces de l'Est du Canada et que ces membres aimeraient aussi se rencontrer plus près de chez eux. Nous sommes heureuses de vous annoncer qu'un des membres de notre Comité consultatif, le Dr. Mark Ware, s'est proposé pour organiser un **symposium régional d'une journée à Montréal** vers la fin du mois de **juin 2006**. Si vous désirez offrir votre aide à Mark ou si vous avez des idées, veuillez communiquer avec lui par courriel à [mark.ware@muhc.mcgill.ca](mailto:mark.ware@muhc.mcgill.ca). Si vous avez des suggestions pour le troisième symposium annuel, veuillez communiquer avec Laura Vanderheyden à [Laura@incamresearch.ca](mailto:Laura@incamresearch.ca)

## FOCUS ON: 2<sup>ND</sup> ANNUAL IN-CAM SYMPOSIUM: CAM RESEARCH IN CANADA: SHARING SUCCESSES AND CHALLENGES

### Laura Vanderheyden

The second annual IN-CAM Symposium: CAM Research in Canada: Sharing Successes and Challenges was held on November 12 &



Dr Cheryl Ritenbaugh & Laura Vanderheyden

13, 2005 at the University of St. Michael's College, University of Toronto. For the second straight year, the symposium drew attention from over 100 people from many diverse backgrounds and from across Canada and internationally. As with the first symposium, the many opportunities for

networking, the chance to connect with others with similar interests and the quality of the keynote speakers were the highlights of the event.



Dr George Lewith

Keynote addresses were provided by George Lewith, Complementary Medicine Research Unit, University of Southampton, UK; Cheryl Ritenbaugh, Program in Integrative Medicine, University of Arizona; Silvano Mior, Canadian Memorial Chiropractic College; and Barbara Findlay, Health Care Consultant, Past President Tzu Chi Institute for Complementary and Alternative Medicine. Dr. Lewith discussed

the concept of therapeutic intent in the context of the effectiveness of CAM whole systems of healing. Dr. Ritenbaugh also focused on whole systems and described a research framework to guide the development of research methods to study the many varied components that interact in the healing process. Framing his discussion around the need for cost-effective health care in Canada, Silvano Mior reflected on his experiences developing and implementing a collaborative model of health care delivery between chiropractors and physicians. Barbara Findlay thoughtfully examined the history of CAM research in Canada, highlighting how CAM research and CAM researchers have become a distinct and significant entity.

Keynote presentations were complemented by oral and poster research presentations on: CAM Information and Decision Making; CAM Policy/Regulation; CAM and Education; Natural Health Products; CAM and Pediatrics; CAM and Cancer; CAM Surveys; and CAM Outcomes and Methodology.

For more information on all presentations given at the IN-CAM symposium, please visit the IN-CAM web site ([www.incamresearch.ca/2005Symposium.html](http://www.incamresearch.ca/2005Symposium.html)). Symposium abstracts have been published in the Journal of Complementary and Integrative Medicine (JCIM) <http://www.bepress.com/jcim/>

### SYMPOSIUM EVALUATION

Evaluation forms completed by participants offered very positive feedback; 39 evaluation forms were completed. Overall, participants gave the symposium an average rating of 6 out of 7. The most favourable aspects of the Symposium that were identified by participants were the opportunities for networking (15 responses), keynote speakers (10 responses), research presentations (8 responses), the ability to meet others with similar interests (6 responses) and the organization of the event (4 responses).



**FOCUS ON: 2<sup>ND</sup> ANNUAL IN-CAM SYMPOSIUM:  
CAM RESEARCH IN CANADA: SHARING SUCCESSES AND CHALLENGES**

**A few suggestions for changes in future years were provided, including:**

Item	Participant Comments	IN-CAM Response
Research Presentations	More time should be allotted for questions following each presentation	We recognize the desire for interaction following presentations but were limited by time. More time for questions would have meant fewer presentations. We will however explore different options for the next symposium, including the potential for follow up discussions during afternoon workshops.
Workshops	Workshops should be more interactive	We agree with this sentiment and tried to ensure interaction through discussions with presenters before the meeting. We will work even closer with presenters in future years to ensure that workshops are more participatory.
Food	More special diet options (e.g., wheat/gluten free) should be made available	Our food choices were limited by the University caterers. In 2006, the venue will be moved to Calgary and this will be less of an issue.

Many participants seemed disappointed at the decision to not host a 2006 symposium. Based on this feedback, and as outlined in the Editorial of this issue of the Bulletin, we will be hosting a third annual symposium in Calgary in the fall 2006. The move to Calgary was necessary to reflect the national focus of IN-CAM. We hope that participants from the east will be able to join us in 2006, and we hope to see many new faces!

**THANK YOU:**

IN-CAM would like to thank the many sponsors who made this event possible. Also, thank you to the volunteers and to the Symposium Organizing Committee.



**Max Bell Foundation**



National Cancer Institute of Canada

Institut national du cancer du Canada



CV TECHNOLOGIES INC.  
**COLD-FX REMEMBER-FX**

**SickKids**  
FOUNDATION

**Lotte & John Hecht**  
Memorial Foundation

**CMCC**  
CANADIAN MEMORIAL CHIROPRACTIC COLLEGE

**PROFILE**

**John Crellin**

John Crellin's response to being profiled was (i) "Oh, another profile! What do all these profiles – even the venerable *Lancet* now publishes them – say about our society?" And (ii) "when one reaches the discriminatory, mandatory retirement age at Memorial University of Newfoundland profiles can read like academic obituaries." He has no intention of ceasing a range of pursuits, particularly observing, writing and teaching about CAM and its place and roles in health care.

Ever since the 1980s when, as a Faculty member at a U.S. medical school, he was viewed as something of a heretic for studying the work of an herbalist (at least it could be justified as part of his medical history teaching) and for his interest in CAM.

Neither fish nor fowl (a non-practicing physician and a non-practicing CAM practitioner), he has been viewed quizzically from within conventional and complementary/alternative medicine. Is he a "friend" or "critic"? Nevertheless, as someone "in the middle" he has readily been given numerous opportunities in diverse places to observe facets of the extraordinary complex social scene of CAM.

In currently developing a series of web-based modules on CAM issues for teaching medical students at Memorial University (and as a member of the national Working Group on CAM in Undergraduate Medical Education), one of Crellin's immediate interests is the barriers to developing significant levels of integration of conventional medicine with CAM. He wonders, for instance, whether researchers give enough attention to the inherent conservatism of the medical profession, a conservatism that, he says, is bolstered by its commitment to evidence-



## PROFILE



based data. He suggests that it is probably inevitable that physicians take over CAM practices that have demonstrated clinical efficacy, and, in so doing, continue to reshape practices such as traditional acupuncture to anatomical acupuncture, and traditional herbalism to rational phytotherapy. Crellin says that his historian's hat constantly reminds him that the medical profession, albeit with the sanction of governments and the majority of the public, has long been adept at marginalizing alternative practices.

Historical perspectives, along with his experiences with teaching both medical and CAM students, also suggest to Crellin that history embeds mindsets that underpin many current professional/ethical problems especially for CAM practitioners<sup>2</sup>. Certainly confrontations between conventional and alternative medicine in the past are all too ready to resurface whenever an issue arises over quality of CAM care for patients. To deal with this, just as there are moves to develop common curricula for health care students (nursing, medical and pharmacy), he asks: If Canadian society really wants the level of

integration desired by many patients does there need to be a radical change in the ways CAM practitioners are educated? Perhaps education needs to be moved into Universities as in other countries. Perhaps, too, university education would facilitate new ways of thinking; for instance, about healing and reestablishing "therapeutics" in a way many conventional physicians thought of in the past as having multiple approaches, rather than the narrower "pill" approach of today – an approach that is not limited to conventional medicine<sup>3</sup>. He closes by saying, "perhaps that is enough to chew on for now."

<sup>1</sup> For the herbalist J. K. Crellin and J. Philpott, *Herbal Medicine Past and Present*, Durham: Duke University Press, 2 vols, 1990 (reissued Fall 1997)

<sup>2</sup> For some consideration of the professional/ethical problems, J. K. Crellin and F. Ania, *Professionalism and Ethics in Complementary/Alternative Medicine*, New York: Haworth Press, 2002;

<sup>3</sup> For raising this issue, J. K. Crellin, *A Social History of Medicines in the Twentieth Century*, New York: Haworth Press, 2004.

## CAM RESEARCH UPDATE

### RECENT ARTICLES

Abstracts for these articles are available on the IN-CAM Website ([www.incamresearch.ca](http://www.incamresearch.ca)) under Research Resources

**Priority Area: CAM Health Care Delivery and Policy**

- Boon H, Westlake K, Deber R and Moineddin R. Problem-Solving and Decision-Making Preferences: Comparing Complementary and Alternative Medicine Users and Non-Users *Complementary Therapies in Medicine*. 2005;13(3): 213-216.
- Gavin JA, Boon H. CAM in Canada: places, practices and research *Complementary Therapies in Clinical Practice*. 2005
- Jones CH. The Spectrum of Therapeutic Influences and Integrative Health Care: Classifying Health Care Practices by Mode of Therapeutic Action *J Altern Complement Med*. 2005 Oct;11(5):937-44.
- MacLean CH, Mojica WA, Newberry SJ, Pencharz J, Garland RH, Tu W, Hilton LG, Gralnek IM, Rhodes S, Khanna P, Morton SC. Systematic review of the effects of n-3 fatty acids in inflammatory bowel disease *Am J Clin Nutr*. 2005 Sep;82(3):611-9. Review
- Milstein J. A paradigm of integrative care: healing with curing throughout life, "being with" and "doing to" *J Perinatol*. 2005 Sep;25(9):563-8. Review.
- Parkman CA. Integrating CAM into health care professional education *Case Manager*. 2005 Sep-Oct;16(5):30-2. Review
- Shu X, McCulloch M, Xiao H, Broffman M, Gao J. Chinese herbal medicine and chemotherapy in the treatment of hepatocellular carcinoma: a meta-analysis of randomized controlled trials *Integr Cancer Ther*. 2005 Sep;4(3):219-29.
- Verhoef MJ, Balneaves L, Boon H, Vroegindewey A. Reasons for and characteristics associated with complementary and alternative medicine use among adult cancer patients: A systematic review *Integrative Cancer Therapies* 2005; 4(4):274-286.
- Verhoef MJ, Mulkins A, Boon H. Integrative Health Care: How Can We Determine Whether Patients Benefit? *Journal of Alternative and Complementary Medicine*, 2005; 11 (supplement 1): s-57-s-65.
- Vohra S, Feldman K, Waters K, Johnston B, Boon H. Implementing an Integrative Medicine Program in Academic Medical Centers: A leadership opportunity *BMC Health Services Research* 2005: 5:78
- Ware MA, Tawfik VL. Safety issues concerning the medical use of cannabis and cannabinoids *Pain Res Manag*. 2005 Autumn;10 Suppl A:31A-7A.
- Willison, K.D., Andrews G.J. (2005). The Potential of Public Health to Enhance Chronic Disease Management *Public Health V Journal of the Royal Institute of Public Health*. Short Communication. December 119 (12):1130-1132. <http://dx.doi.org/10.1016/j.puhe.2005.04.003>
- Willison, K.D. (2005). Integrating complementary and alternative medicine into primary healthcare in Canada: Barriers and opportunities. *Journal of Cancer Integrative Medicine*; 3(2):71-74. Listed under:



## CAM RESEARCH UPDATE

<http://www.bcdecker.com/productDetails.aspx?BJID=329&volume=03&issue=02>

- Willison, K.D., Andrews G.J., Cockerham W.C. (2005). Life Chance Characteristics of Older Swedish Massage Therapy Users and Former Users  
Journal of Complementary Therapies in Clinical Practice; November, 11 (4):232-241. <http://dx.doi.org/10.1016/j.ctcp.2004.10.003>

### Priority Area: Methodological Research for CAM

- Block KI  
Challenges of complementary and alternative medicine research  
Integr Cancer Ther. 2005 Sep;4(3):207-9.
- Buchanan DR, White JD, O'Mara AM, Kelaghan JW, Smith WB, Minasian LM.  
Research-design issues in cancer-symptom-management trials using complementary and alternative medicine: lessons from the National Cancer Institute Community Clinical Oncology Program experience.  
J Clin Oncol. 2005 Sep 20;23(27):6682-9.
- Giordano J, Engebretson J, Garcia MK.  
Challenges to complementary and alternative medical research: focal issues influencing integration into a cancer care model.  
Integr Cancer Ther. 2005 Sep;4(3):210-8.
- Hsiao AF, Hays RD, Ryan GW, Coulter ID, Andersen RM, Hardy ML, Diehl DL, Hui KK, Wenger NS.  
A Self-Report Measure of Clinicians' Orientation toward Integrative Medicine.  
Health Serv Res. 2005 Oct;40(5 Pt 1):1553-69.
- Kirpalani H, Vanderveen JA.  
Novel therapies need full outcome assessments.  
Indian Pediatr. 2005 Nov;42(11):1081-5.
- Leduc C, Coonishish J, Haddad P, Cuerrier A.

Plants used by the Cree Nation of Eeyou Istchee (Quebec, Canada) for the treatment of diabetes: A novel approach in quantitative ethnobotany.

J Ethnopharmacol. 2005 Nov 14

- Rubin P.  
Does acupuncture need manualized protocols?  
Altern Ther Health Med. 2005 Sep-Oct;11(5):14-5; author reply 15-6.
- Schmidt K, Rees C, Greenfield S, Wearn AM, Dennis I, Patil NG, Amri H, Boon H.  
Multischool, international survey of medical students' attitudes toward "holism".  
Acad Med. 2005 Oct;80(10):955-63.
- Shang A, Huwiler-Muntener K, Nartey L, Juni P, Dorig S, Sterne JA, Pewsner D, Egger M.  
Are the clinical effects of homoeopathy placebo effects? Comparative study of placebo-controlled trials of homoeopathy and allopathy.  
Lancet 2005 Aug 27-Sep 2;366(9487):726-32.  
**Note:** This generated MANY comments entitled "are the clinical effects of homeopathy placebo effects", published in the Dec. 17<sup>th</sup> issue of the Lancet.
- Turner RB.  
Studies of "natural" remedies for the common cold: pitfalls and pratfalls. (Comment on "Efficacy of an extract of North American ginseng containing poly-furanosyl-pyranosyl-saccharides for preventing upper respiratory tract infections: a randomized controlled trial."  
CMAJ. 2005 Oct 25;173(9):1051-2.
- van Haselen R.  
The importance of clearly defining the perspective of CAM research.  
Complement Ther Med. 2005 Sep;13(3):153-4.
- Verhoef MJ, Lewith G, Ritenbaugh C, Boon H, Fleishman S, Leis A.  
Complementary and alternative medicine whole systems research: beyond identification of inadequacies of the RCT.  
Complement Ther Med. 2005 Sep;13(3):206-12.

## OF INTEREST—UPCOMING EVENTS

### 3rd Annual Natural Health Product Research Conference

March 3-5, 2006 - Toronto, Canada

For more information, please visit: <http://www.nhpresearch.bcit.ca/events.html>

### The Alternative and Integrative Medical Society (AIMS) - 7th annual conference: Stress: A Roadblock on the Path to Wellness

March 18, 2006 - Vancouver, British Columbia

**Abstract deadline: February 20, 2006**

For more information, please visit: <http://www.aims.ubc.ca/home/modules/conference/>

### Pharmacovigilance of Herbal Medicines: Current State and Future Directions

April 26-28, 2006 - London, United Kingdom

For more information, please visit: <http://www.rsc.org/ConferencesAndEvents/CFCONF/alldetails.cfm?ID=16558>

or e-mail: [science@rpsgb.org](mailto:science@rpsgb.org)

### 2nd International Conference on Creative Expression, Communication and Dementia (CECD 2006)

May 5-6, 2006 - Vancouver, British Columbia

For more information, please visit: [www.cecd-society.org/2006/](http://www.cecd-society.org/2006/)

### 4th Canadian Breast Cancer Research Alliance Scientific Conference

May 6-8, 2006 - Montreal, Canada

**Deadline for abstracts: January 31 2006**

For further information, please visit: [www.breast.cancer.ca/reasons\\_for\\_hope\\_conferences/](http://www.breast.cancer.ca/reasons_for_hope_conferences/)

### North American Research Conference on Complementary and Integrative Medicine

May 24-27, 2006 - Edmonton, Alberta

For more information on the Call for Abstracts/Sessions, please visit: [www.imconsortium-conference2006.com](http://www.imconsortium-conference2006.com)



## CAM RESEARCH UPDATE

### Diversity and Debate in Alternative and Complementary Medicine - 3rd international academic & experiential conference for researchers & practitioners

July 5-7, 2006 - Nottingham University, UK

**Submissions deadline: February 24, 2006**

For further information please visit: [www.achrn.net](http://www.achrn.net) or email: [conference@learning-energy.org](mailto:conference@learning-energy.org)

### American Holistic Medical Association's (AHMA) Annual conference -Holism in Action: Building Integrated Healthcare"

June 7-10, 2006 - Saint Paul, MN For complete details, please visit:

<http://www.regonline.com/Checkin.asp?EventId=87058>

### IN-CAM's Third Annual Symposium

November 4-5, 2006, Calgary, Alberta

For more information, please visit:

[www.incamresearch.ca](http://www.incamresearch.ca)

### 4th International Multidisciplinary Conference on Spirituality and Health - Interweaving Science, Wisdom, and Compassion

November 9-12, 2006

Vancouver, Canada

**Abstract deadline: March 7, 2006**

For more information, please visit:

[http://www.interprofessional.ubc.ca/Spirituality\\_2006\\_index.htm](http://www.interprofessional.ubc.ca/Spirituality_2006_index.htm)

### 13th Annual Symposium on Complementary Health Care

December 12-14, 2006 - Exeter, England

This international symposium is aimed at providing a forum for all individuals with a research interest in CAM

For further information please visit:

<http://www.pms.ac.uk/compmed/symposium> or e-mail: [B.Wider@exeter.ac.uk](mailto:B.Wider@exeter.ac.uk)

For more events related to CAM research, please visit the Conferences and Education page of IN-CAM's website [www.incamresearch.ca](http://www.incamresearch.ca).

## NEWS FROM CCAM



### Cancer & CAM Research: CCAM's Presence in Toronto, INCAM 2005

Jennifer Millard

The Cancer Complementary & Alternative Medicine (CCAM) research team made its mark at IN-CAM's 2<sup>nd</sup> Annual Research Symposium, held November 12-13, 2005 in Toronto. CCAM's mission is to impact individuals, communities, populations, and policies by: 1) generating new knowledge about CAM treatment and healing approaches; and 2) promoting and disseminating person-centred, evidence-based practices that include the safe, effective and informed use of CAM throughout the cancer control continuum. With 11 of its 14 members and all 3 funded students attending the conference, this team of interdisciplinary researchers and practitioners showcased their research for the INCAM community. Overall, CCAM's members contributed to a total of 26 presentations (15 oral, 7 posters, 4 workshops). Some studies were led by individual team members, some were collaborative efforts with other researchers, and others were team-based studies.

A variety of CCAM's research was highlighted at the conference, including a study by Dr. Lynda Balneaves on patients' and health care professionals' perceptions of risk about using natural health products (NHPs) and Dr. Emma Guns' presentation on the challenges facing NHP researchers involved in translational and clinical outcomes research. Student projects included evidence-based reviews of NHPs (see list of posters) and scale development for Traditional Chinese Medicine (TCM) research (see Luchenski & Collet). Other presentations centred on methodological issues for TCM research (Chiu et al), CAM information needs of cancer patients (Verhoef), studies on Essiac (Leis et al, Boon et al), as well as a

workshop on writing CAM research proposals (Leis, Verhoef, & Millard).\*

Research productivity and access to a range of expertise are just a few of the benefits of working in a team. A central coordinator and regular meetings allow for efficient information exchange and a friendly forum for constructive feedback. The CCAM team is a strategically formed group of researchers who maintain a small core membership. CCAM does collaborate with others on a project-by-project basis, including individual researchers/practitioners as well as CAM/cancer organizations.

Please address any comments or questions to Jennifer Millard, Team Coordinator ([millard@sask.usask.ca](mailto:millard@sask.usask.ca)).

### Team Publications of Interest

- Chiu L, Ganesan S, Morrow M, Clark N. Spiritual choice of mental health services by immigrant women with a serious mental illness in Vancouver. *Transcultural Psychiatry* 2005;42(4):630-656.
- Guns ES, Xie X, Fedoruk M, Madera C, Cowell S, Mayer LD, Skov K, Gleave ME, Kozlowski P. pH modulation using CsCl enhances therapeutic effects of vitamin D in LNCaP tumor bearing mice. *Prostate* 2005 Aug 1;64(3):316-22.

### Acknowledgement

CCAM is supported by the Sociobehavioural Cancer Research Network (SCRN) of the Centre for Behavioural Research & Program Evaluation (CBRPE), with 14 members spanning 10 Canadian institutions. Financial support is provided by the National Cancer Institute of Canada with funds from the Canadian Cancer Society.

\* Please refer to the conference program available at [www.incamresearch.ca](http://www.incamresearch.ca). All presentation abstracts were published in the *Journal of Complementary and Integrative Medicine* in 2006 (<http://www.bepress.com/jcim>).



## CAMerA CORNER



**CAMerA** ([www.cameraresearchnetwork.ab.ca/](http://www.cameraresearchnetwork.ab.ca/)) is an official partner of IN-CAM.

CAMerA publishes a bi-monthly newsletter focussing on CAM research and practitioners. The latest edition, Issue 19, was published in January

2006 and can be accessed at: <http://www.cameraresearchnetwork.ab.ca/news/newsletters.html>

### **CAMerA's 5th Annual Research Symposium: CAM and Women's Health**

1 – 5pm, Saturday, May 27<sup>th</sup>, 2006  
Shaw Convention Centre, Edmonton, AB

#### **Call for Abstracts**

This year, CAMerA's Symposium will explore Women's Health within the context of Complementary and Alternative Medicine (CAM). Hosted as a satellite meeting during the **North American Research Conference on Complementary and Integrative Medicine**, CAMerA's half day session aims to bring CAM and conventional health practitioners and researchers together to explore evidence-based CAM research and practice approaches to address women's health issues. Enjoy an interactive session with outstanding speakers and a poster

presentation. Registration is \$50CAD (\$35 for Students).

#### **Deadline for abstracts is March 31, 2006!**

To download a abstract submission form:

[www.cameraresearchnetwork.ab.ca/symposium/abstractform.doc](http://www.cameraresearchnetwork.ab.ca/symposium/abstractform.doc)

#### **Online registration now open!**

For information and to register, please visit:

[www.imconsortiumconference2006.com](http://www.imconsortiumconference2006.com)

#### **Upcoming CAMerA Workshops**

Searching for CAM Literature Online - 2 – 4:30 pm, Saturday, February 25, 2006, **Please register by February 15, 2006**

How to do Case Studies and Case Series - 6 – 9 pm, Tuesday, March 7<sup>th</sup>, 2006, **Please register by February 27, 2006**

**For further information on upcoming workshops, please visit:** <http://www.cameraresearchnetwork.ab.ca/events/workshops.html>

[www.cameraresearchnetwork.ab.ca/events/workshops.html](http://www.cameraresearchnetwork.ab.ca/events/workshops.html)

For more information and to register, please contact CAMerA at (403)210-9608 or [info@cameraresearchnetwork.ab.ca](mailto:info@cameraresearchnetwork.ab.ca)

## NEWS FROM PedCAM



### **Pediatric Integrative Medicine Fellowship Opportunity, CARE Program**

The Complementary and Alternative Research and Education (CARE) Program, part of the Division of General Pediatrics at the Stollery Children's Hospital, is offering a two-year clinical Fellowship in Pediatric Integrative Medicine.

The fellowship is focused upon providing opportunities to integrate skills and concepts about healing and wellness which represent the best evidence in both conventional and complementary medicine. The CARE team will serve as mentors, teachers and role models for developing an integrative medical practice.

**For full information about this fellowship, please see:**

[www.pedcam.ca/PIM-fellowship.pdf](http://www.pedcam.ca/PIM-fellowship.pdf)

### **Canadian PedCAM Network Research Meeting May 24<sup>th</sup> 2006**

A one-day event devoted to pediatric CAM research, hosted by the Canadian PedCAM Network, will be held on May 24<sup>th</sup> - immediately prior to the North American Research Conference on Complementary and Integrative Medicine in Edmonton, Alberta.

The day will feature speakers who are leaders in the field of pediatric CAM research including David Moher, Kathi Kemper, and Stephen Aung. Participants may choose from concurrent sessions on research skills -

including sessions on randomized controlled trials and systematic reviews in pediatric CAM, mixed methods, and ethics. Participants will also have the opportunity to gain direct understanding of CAM practices used in children by choosing from experiential sessions on traditional Chinese medicine, naturopathy, and massage therapy for children.

PedCAM invites participants to join us for a reception hosted by the Sick Kids Foundation to conclude this informative day.

#### **Recent Pediatric CAM Articles:**

Costello E. Complementary and alternative therapies: considerations for families after international adoption. *Pediatr Clin North Am*. 2005 Oct;52(5):1463-78

Larsson B, Carlsson J, Fichtel A, Melin L. Relaxation treatment of adolescent headache sufferers: results from a school-based replication series. *Headache*. 2005 Jun;45(6):692-704

Field T. Massage therapy for skin conditions in young children. *Dermatol Clin*. 2005 Oct;23(4):717-21.

Cullen LA, Barlow JH, Cushway D. Positive touch, the implications for parents and their children with autism: an exploratory study. *Complement Ther Clin Pract*. 2005 Aug;11(3):182-9.

Ang JY, Ray-Mazumder S, Nachman SA, Rongkavilit C, Asmar BI, Ren CL. Use of complementary and alternative medicine by parents of children with HIV infection and asthma and well children. *South Med J*. 2005 Sep;98(9):869-75.

## CONTACT US / CONTACTEZ NOUS



Laura Vanderheyden  
(English et Français)  
(403) 210-8696

[Laura@incamresearch.ca](mailto:Laura@incamresearch.ca)

Julie de Courval  
(English et Français)  
(416) 946-7163

[Julie.decourval@utoronto.ca](mailto:Julie.decourval@utoronto.ca)



### **EDITORIAL COMITEE/ LE COMITÉ DE RÉDACTION:**

Heather Boon PhD  
Marja Verhoef PhD  
John Crellin MD PhD  
Pierre Haddad PhD  
Laura Vanderheyden  
Julie de Courval

### **DISCLAIMER / AVIS CONCERNANT LA PROPRIÉTÉ INTELLECTUELLE:**

Please feel free to share this publication with others. We only ask that you give source credit to IN-CAM. Nous vous encourageons à partager cette publication et son contenu avec vos collègues. Nous demandons simplement que vous citiez IN-CAM comme en étant la source, de manière juste et appropriée.

We invite your questions, comments and suggestions on the bulletin, the website and the network in general. Please contact one of our two Network Coordinators/Nous accueillerons avec plaisir vos questions, commentaires et suggestions à propos du Bulletin, du site Web ou du réseau en général. Veuillez contacter l'une de nos deux coordonnatrices.